



Manchester
Public
Schools



What's
Today's
News?

Head Start Hosts Daddy & Me Futsal...



Daddy & Me futsal sessions were held at Illing Middle School on October 1st and 8th.

To date, approximately 20 children have participated in the sessions introducing them and their fathers to the game of 'futsal', which happens to be the safe and official version of indoor soccer.

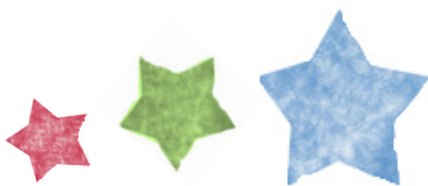
Futsal balls are soft and designed to have a low-bounce effect making it easier to control for children and less likely to cause harm by bouncing around aimlessly. It's also very fun to play.

Each Daddy & Me futsal session introduced soccer concepts, like dribbling, through the use of fun and silly games as physical activity was naturally incorporated.

Games such as, "Red Light, Green Light", "Freeze Tag", and "Pirate Ship", encourage movement, balance, and coordination as each child begins to explore their own capabilities.

The benefits of these futsal sessions are: developing motor skills, promoting physical fitness, encouraging team spirit, instilling self-confidence, and having a great time with daddy!

The next Daddy & Me futsal session is scheduled for this Wednesday, October 15th @ Illing Middle School at 5:45pm.



Manchester Public Schools | 45 North School St. | Manchester, CT